Lifeguard Certification Course will teach you the skills necessary to be a certified American Red Cross Lifeguard. This **three/four**-day course includes Red Cross training in both **shallow and deep water** life-guarding, First Aid, CPR, and AED (Automated External Defibrillator). You will be a certified ARC lifeguard and ready for employment for any aquatic facility (including Calphin) when you successfully finish the program and pass the required tests. **Qualifications:** Must be 15 years of age by the last day of class**.** Must be able to do the following three prerequisites on the first day: **Prerequisites Part 1:** 300 yd swim (front crawl/ breaststroke/ or combination of both). **Prerequisite Part 2:** Tread water for 2 minutes without arms. **Prerequisite Part 3:** Swim 20yd using front crawl or breaststroke, surface dive & retrieve a 10lb brick from 7-10 ft water, return 20 yd to side of pool, and exit pool – time requirement: 1 minute 40 seconds *(Pool Admission Ticket can be purchased for prerequisite self-assessment, upon registration.)*

PRICE: **$330** *(50% discount for current Calphin Employee)*

Price Includes: Lifeguard, CPR, First Aid and AED Certifications (upon passing tests) and CPR pocket mask

INSTRUCTOR: **Leo Chen**

SCHEDULE :

9/12, 9/19, 9/26 (8am-4pm with 30min break), Online course (7-10hr)

Location: 34075 Fremont Blvd., Fremont, CA 94555

	Participant Full Name	Sex	Birth date	Program Fees
#1				☐ $330 x ____ = $_____ *Price X # of participants*
#2				Total Amount: $_____ *Total amount due at registration*

Home Address	Daytime Phone #	Office Use Only
		☐ PR #1 ☐ PR #2 ☐ PR #3 ☐ 15+ ☐ Employee Discount (50%): $_____ ☐Cash ☐CHK ☐Visa ☐MC ☐Debit
	Email Address *REQUIRED	#_____ Amt Paid: $_____
	Parent Name (if under 18)	Rec'd by: _____ Excel:_____

For safety of participant, please list medical conditions the above has: *(i.e. asthma, diabetes, epilepsy/seizures, allergies, and etc.)*

_____ (All information disclosed to Calphin will remain confidential)

Program & Club Policy:

- Participants must successfully pass a written exam and skills test to become certified (at the end of the four day course). **No refund will be issued if participants fail to pass the required tests.**
- The registration minimum to open a class is 6 students. Please be aware that your requested class may be cancelled if enrollment is below the minimum and in that case a refund will be issued to you.
- No refunds on or after the first day of the course, unless prerequisites aren't met and *a $30 processing fee will be charged for any refunds.*
- If you miss any classes, you will not pass the course .No make-up classes will be offered & refunds are NOT available – **Attendance is Mandatory.**
- If class is cancelled due to pool maintenance/accidents, mandatory make up class will be scheduled for the group.
- Bounced check subjected to $30 charge. Lifeguard, First Aid, AED, and CPR certifications are all valid for 2 years.

By signing the form below, I certify the above provided information is correct and the participants are in good health to swim in chlorinated water. I also confirm that we have received, understood, and will comply with all the safety rules and club policy (see website www.Calphin.com for complete policy) established by Calphin Aquatic Club (CALPHIIN). I, the undersigned, understand and assume all incidental risks involved in swimming and its facility, and agree that CALPHIN cannot be held accountable for any knowledge of any medical conditions of any swimmer mentioned above that is not listed and communicated above. In case of injury to the participant(s) I, the undersigned, do hereby release, indemnify, hold harmless and waive all claims against the pool facility owners, management organizations, CALPHIN, their officers and employees. I also certify that I have read, understood the foregoing message, and sign this form voluntarily.

**If participant(s) are under 18, parent or legal guardian must sign.

X_____ X_____ X_____

Participant #1 and/or Guardian Signature　　**Participant #2 and/or Guardian Signature**　　**Date**